

**21 DAYS**  
OF PRAYER & FASTING

**PRAY  
FIRST**



**WEEK TWO**

| 1/10 – 1/16

## WEEK TWO: January 10 - 16

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*"if My people who are called by My name will **humble themselves**, and **pray** and **seek My face**, and **turn from their wicked ways**, then **I will hear** from heaven, and **will forgive their sin** and **heal their land**.*

2 Chronicles 7:14/ NKJV

### **FOCUS:** Aligning Ourselves with the Mission

After an altar has been established through repentance, sacrifice, and consecration, we must continue to grow in prayer and communion with God daily. In addition to bringing our personal needs to God, we must give attention to interceding for others, praying in the Spirit, and learning to listen for His voice.

*"praying always with **all prayer** and **supplication in the Spirit**, being watchful to this end **with all perseverance** and **supplication for all the saints**"*

Ephesians 6:18/ NKJV

This week of prayer, fasting, and seeking the face of God involves praying Kingdom first and mission-alignment prayers. We'll also engage in praying for personal revival and spiritual transformation, prayer for lost and hungry souls, spiritual warfare praying, prayer for life in the home, and prayer for wholeness.

**QUESTION:** What practices can I implement this week to facilitate a more consistent and powerful prayer life?

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## SCRIPTURE TO PRAY AND ACT UPON

*“Create in me a clean heart, O God, and renew a steadfast spirit within me. Restore to me the joy of Your salvation, and uphold me by Your generous Spirit.*

Psalm 51:10, 12

*“...God resists the proud, but gives grace to the humble. “Therefore submit to God. Resist the devil and he will flee from you. **Draw near to God and He will draw near to you.** Cleanse your hands, you sinners; and purify your hearts, you double-minded. Lament and mourn and weep! Let your laughter be turned to mourning and your joy to gloom. **Humble yourselves in the sight of the Lord, and He will lift you up.***

James 4:6b-10

*“If you **abide in Me**, and **My words abide in you**, you will ask what you desire, and it shall be done for you.*

John 15:7

*“When the Day of Pentecost had fully come, **they were all with one accord in one place.** And suddenly there came a sound from heaven, as of a rushing mighty wind, and it filled the whole house where they were sitting. Then there appeared to them divided tongues, as of fire, and one sat upon each of them. And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance.*

Acts 2:1-4

*“And when they had prayed, the place where they were assembled together was shaken; and **they were all filled with the Holy Spirit**, and **they spoke the word of God with boldness.***

Acts 4:31

*“Be anxious for nothing, but **in everything by prayer and supplication, with thanksgiving, let your requests be made known to God**; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.*

Philippians 4:6-8

*“Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And **the prayer of faith will save the sick**, and the Lord will raise him up. And if he has committed sins, he will be forgiven. **Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.***

James 5:14-16

*“Likewise **the Spirit also helps in our weaknesses**. For we do not know what we should pray for as we ought, but **the Spirit Himself makes intercession for us with groanings which cannot be uttered.***

Romans 8:26

## KEYS TO GROWING IN PRAYER

1. **Consistency** (have a certain time, a certain place, and a plan). If you miss a day, get back on track as quickly as possible. Use the 2023 Prayer Guide as a learning and reference tool, if you like.
2. **Worship God and learn to pray beyond your own personal needs and desires.** Approach God with praise, thanksgiving, and in a spirit of worship and reverence. Pray Kingdom prayers. Pray global prayers and pray local prayers. Pray for others.
3. **Pray in faith.** Move away from begging God to do things. Faith-fueled praying is powerful and effective. Drive doubt out of your mind and heart and pray the prayers of faith!
4. **Seek God in during your prayer time.** Make time to seek after God, rather than filling all of your time asking Him for things. Make time and the effort to hear what He is speaking to you. Submit all of your prayers to God's will.
5. **Gather together with others to pray.** There's something powerful about a room full of prayer partners reaching out to heaven for a specific need. Gather with others in-person, as much as is possible.

## PERSONAL THOUGHTS

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## GUIDING QUESTIONS

As we enter this week of prayer and fasting, here are a few Guiding Questions to direct our focus. Take a moment to meditate on these as you pray. Write out the answers so you can refer back to them throughout the remainder of our 21 Days of Prayer & Fasting.

1. What is Jesus trying to reveal that may be hindering you from flourishing spiritually?

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2. What fruit (actions/ behaviors) in your life is revealing that there may be a root of unbelief or carnality? In other words, are you learning that there are some places in your heart that are not like Jesus? If so, identify them and write them down.

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3. How are you going to let Jesus use this to better harmonize your life with His Kingdom?

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## PERSONAL THOUGHTS

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## REMEMBER

- ✓ Pray every day and continue to consecrate your life to God. Reference the Prayer Guide for inspiration, prayer models, and other help.
- ✓ Continue to join us nightly for prayer this week.
- ✓ Read your Bible daily. Read with open ears and an open heart.
- ✓ Increase your fasting this week. Some things only happen through prayer and fasting. Reference the Biblical Fasting Guide for fasting ideas and help. Increase your fasting this week.

## QUESTIONS

Take a few minutes to think about what you are believing God for this week. How do you want God to work in your personal life? What souls are you praying for? What miracles do you or someone you love need right now? Write these down and begin to pray for them daily this week!

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